

## Characteristics of a Virtuous Woman

Characteristic	Proverb Text	Vice	Words of Vice	Flip it!	Lesson of the butterfly
<b>Virtuous Creator</b>					
<b>INVALUABLE</b>	<i>Who can find a virtuous wife? For her worth is far above rubies (Prov. 31:10)</i>	Worthless	If only...	The woman who uses the phrase “if only”, never realize that pointing out their challenges are not the problem, but the solution.	<b>Create a changing station.</b> In the initial stage of the butterfly the egg must live on a host plant. The plant is valuable because it provides security for the egg to stick to its surface (25).
<b>TRUSTWORTHY</b>	<i>The heart of her husband safely trusts her; So he will have no lack of gain (Prov. 31:11)</i>	Corrupt	That’s why...	If the corrupt remarks forced the silence in your relationships, consider that maybe being silent can force the conversations.	<b>Create a bond with discipline.</b> The outer shell of the butterfly’s egg is an adhesive. The chemical is important because it holds the egg in place, despite climatic changes (31).
<b>SUPPORTIVE</b>	<i>She brings him good, not harm, all the days of her life (Prov. 31:12)</i>	Unsupportive	I’m going to do me...	Instead of grabbing the useless attitude, get busy in life and do something.	<b>Create a “burn out” prevention plan.</b> The chorion is revealed as the shell that protects the larvae (35).
<b>FIRST-CLASS</b>	<i>She seeks wool and flax, and works with willing hands. (Prov. 31:13).</i>	Poor	I can’t go... I can’t have...	These women use the phrase I can’t never realizing that there is an opportunity for growth. Instead of believing that you can’t do a project, request training as a learning opportunity.	<b>Build from the inner layer of resilience.</b> Inside the egg is a inner lining of wax like material that helps to keep in moisture. The inner layer wasn’t injected, it was already there (39).

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<b>The Growth</b>					
<b>EXCELLENT</b>	<i>She is like the merchants' ships; she brings her food from afar (Prov. 31:14)</i>	Inferior	I wish I had that...	Pay attention to your own growth and development. Don't compare yourself to another person's success. You are created for purpose not for competition.	<b>Grow out of your challenges.</b> The caterpillar grows out of its egg (44).
<b>PREPARED</b>	<i>She rises while it is yet night and provides food for her household and portions for her maidens (Prov. 31:15)</i>	Disorganized	I forgot...	Instead of being unprepared and disorganized, set rules for remembering important events.	<b>Keep your priorities in order.</b> During the growth of the butterfly, the head, thorax, and the abdomen are visible in the stage. There is order even in the butterfly (49).
<b>ENTREPRENEURIAL</b>	<i>She considers a field and buys it; from her earnings she plants a vineyard. (Prov. 31:16)</i>	Destructive	That'll never work...	Instead of saying that will never work, it should be it will work if we try this or that.	<b>Develop an appetite for success.</b> In the lesson of the butterfly, the caterpillar must eat in order for growth to take place (52).
<b>POWERFUL</b>	<i>She girds herself with strength and makes her arms strong (Prov. 31:17)</i>	Weak	I am not strong enough...	Look at what horrible circumstances you've already overcome and realize if you made it through that, you have the capability to overcome other obstacles.	<b>Tap into your potential power.</b> Visible small winged discs are present in the second stage of the butterfly. The presence of the discs is the potential to fly (55).
<b>INSIGHTFUL</b>	<i>She perceives that her merchandise is good, and her lamp does not go out by night (Prov. 31:18).</i>	Ignorant	I am not smart enough...	Instead of living in the dark, increase your insight (awareness) by observing your surroundings.	<b>Have adaptability during seasonal changes.</b> The hair on the caterpillar allows it to be adaptable during the changes in weather (60).

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<b>Transformation</b>					
<b>SKILLFUL</b>	<i>She makes thread with her hands and weaves her own cloth (Prov.31:19)</i>	Inadequate	I can't do it...	If given the opportunity to lead a project or work under pressure take it as a challenge to increase your skills.	<b>Shed off dull affiliations.</b> The caterpillar outgrows its skin (64)
<b>BENEVOLENT</b>	<i>She extends her hand to the poor, yes; she reaches out her hands to the needy (Prov. 31:20)</i>	Greedy	Is that all...	Cherish what you have been given, If you are still unsatisfied, search for a way to fill your emptiness without a consuming attitude.	<b>Rely on your compassion.</b> The skin is not completely removed, because it acts as a protective cover while the caterpillar undergoes transformation (68)
<b>PERSISTENT</b>	<i>She is not afraid of snow for her household. (Prov. 31:21)</i>	Surrendered	I give up...	You don't have to hold on to everything that is in your life, but what God gave you is worth fighting for.	<b>Keep it together.</b> The caterpillar has a cremaster (spiny part) attaches the pupa to a sturdy branch (72).
<b>SELF-SUFFICIENT</b>	<i>She makes tapestry for herself: Her clothing is fine linen and purple (Prov. 31:22)</i>	Lacking	Never enough...	Have an understanding of your needs then seek out provisions for them. Take the initiative to figure it out on your own.	<b>Encourage yourself.</b> The pupa hangs in there (76).
<b>PRODUCTIVE</b>	<i>She makes linen garments and sells them, and supplies sashes for the merchants (Prov. 31:24)</i>	Consumed	I just can't take it anymore...	Instead of living like things are overwhelming, consider all of your options. If you feel engulfed in situations, instead of looking for an exit, look for a hand.	<b>Respond appropriately to the situation.</b> The pupa made sounds to declare there was life. Yet, it was able to make a different sound to defend against the predators (79).
<b>PRESERVED</b>	<i>Strength and honor are her clothing; and she shall rejoice in time to come (Prov. 31:25)</i>	Hurt	I'll never do that again...	Evaluate the reason for backing away.	<b>Protect your image.</b> The pupa went into a state of transformation by making major changes from the inside (84).

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<b>WISE</b>	<i>She opens her mouth with wisdom; and her tongue is the law of kindness (Prov.31:26)</i>	Foolish	I'm just playing...	What is distracting or why are you being distracting? Figuring out the reason for the distraction will push you to be more serious at the appropriate time.	<b>Improve your words.</b> The pupa appears to be idle when it is going through a major process.

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<b>Results</b>					
<b>INVOLVED</b>	<i>She looks well to the ways of her household, and eats not the bread of idleness (Prov. 31:27)</i>	Excluded	I don't want to...	Drop the I don't in the statement and seek to apart of the right things.	<b>Be Ready.</b> The butterfly appeared with its wings folded up and ready for action (93).
<b>HONORABLE</b>	<i>Her children arise up, and call her blessed; her husband also, he praise her (Prov. 31:28)</i>	Dishonorable	I hate it when...	Instead of hating it when this or that takes place, analyze what happens when you hate. Often times you give attention to it.	<b>Keep your integrity.</b> Despite all of the transformation, rearranging, and reformation of the butterfly, it surfaced intact (95).
<b>PREFERRED</b>	<i>Many daughters have done virtuously, but you excel them all (Prov.31:29).</i>	Rejected	Not good enough...	Instead of feeling rejected, gain the confidence that you need to reach for more. It is as easy to gain confidence as it to feel rejected.	<b>Adapt.</b> The butterfly has a proboscis , which is the flexible part that acts as a feeding tube (98).
<b>REVERENCED</b>	<i>Favor is deceitful, and beauty is vain; but a woman that fears the Lord, she shall be praised (Prov. 31:30).</i>	Scorned	Just like... (Dangerous word because it brings the past present!)	Change your words.	<b>Motivates others!</b> There are two sets of wings that move the butterfly into other places.
<b>COMPLETE</b>	<i>Give her the fruit of her hands; and let her own works praise her in the gates. (Prov. 31:31)</i>	Reckless	Nothing matters...	Understand that everything matters when it comes to life. Even the smallest part of the body has a great purpose.	<b>Added more resources.</b> The butterfly appears with more colors. Allow your resources to be your color.